

**CROSS ISLAND FARMS**  
44301 Cross Island Rd., Wellesley Island NY 13624  
[www.crossislandfarms.com](http://www.crossislandfarms.com) [organic@crossislandfarms.com](mailto:organic@crossislandfarms.com)  
(315) 482-FOOD (3663)  
**CERTIFIED ORGANIC VEGETABLE PLANTS**

**VEGETABLE PLANT DESCRIPTIONS**

**FROST TOLERANT VEGETABLES**

**ONIONS:** sold in 4-packs with some of each of the two varieties described below

**Red Cipollini:** 105 days, 6 ounce light red flat bulbs store till mid-February and get sweeter as they age

**Valencia:** 105-130 days, mild, sweet, 4 to 6" bulbs with golden yellow to brown skin

**LEEKS:** sold in 4-packs of **King Richard** alone, or **King Sieg/Sherwood** combos

**King Richard:** 75 days, 1" x 1' early leeks, ready in late August

**King Sieg:** 85 days, 6" tall and up to 3" thick, blue-green color

**Sherwood:** 75-85 days, tall, thin stems

**CABBAGE: sold in 4-packs**

**Red Acre:** 76 days, produces round, reddish-purple 5-7" heads

**Early Jersey Wakefield:** 64 days, light green sweet conical heads averaging 5" in diameter

**Stonehead Hybrid:** 60 days - Small, compact, early-maturing green heads

**BROCCOLI: sold in 4-packs**

**Tendergreen:** 67 days, 6-7" blue-green heads, no side shoots

**Diplomat:** 90 days, large, up to 10" blue-green heads

**Nutri-Bud:** 55-70 days, 6-8" heads with medium-size side shoots

**KALE: sold in 4-packs**

**Red and White Russian:** 45 days, Russian heirloom kales that get sweeter with frost. White is extremely hardy

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**Winterbor, Lacinato, Premier, Vates:** 60 days, broad-leafed kales, very cold-hardy, get sweeter with frosts

**CHARD:** sold in 4-packs or cups with at least 8 plants each: Red, yellow, orange, and white-stemmed: Separate seedlings and plant 8-10" apart. To harvest, cut all leaves above growing tip. Plant will re-grow several times in season.

**CHIVES:** Perennial herb. Separate clumps every 3rd year. Can freeze, dry, or use fresh. Flowers are edible – sold in cups containing one clump

**PARSLEY:** Biannual herb. Flat and curly-leafed varieties. May over-winter if mulched. Sold in cups containing several plants

## FROST-SENSATIVE VEGETABLES

### TOMATOES

**HYBRID SLICING TOMATOES: some sold in 4-packs**

**Japanese Black:** 85 days, indeterminate: Heavy producer of pear-shaped 3-5 ounce fruits ranging in color from intense black to dark gray blushed with magenta. Good slicer and canner.

**Big Beef:** 73 days, indeterminate: Deep red 10-12 ounce slicers with superior disease resistance

**Early Girl:** 60 days indeterminate 6-7 ounce bright red slicer with good disease resistance – sold individually and in 4-packs

**Better Boy:** 75 days, indeterminate: Large, globe-shaped red fruit, disease resistant

**Jubilee:** 80 days, indeterminate: Uniform yellow 8 ounce fruits with long shelf-life and great, nonacid taste

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### **HEIRLOOM SLICERS: some sold in 4-packs**

**Black Krim:** 80 days, indeterminate: 12 to 18 ounce fruits, harvest when half green and still firm. Iridescent purple on the outside, part black on inside, have a juicy yet meaty taste and texture. Hail from Krymsk on the Black Sea.

**Brandywine:** 72 days, indeterminate: ¾ to 1 pound fruits, deep red with orange undertone, very tasty and fragile

**Peron Sprayless:** Argentinian heirloom – Large, defect-free and disease resistant light red slicers

**Pruden's Purple:** 72 days, indeterminate: Irregular pink 1 pound fruits with great flavor

**Rose de Berne:** 80 days indeterminate: French heirloom, 5 ounce perfectly round pink very sweet fruits

**Mortgage Lifter:** 79 days indeterminate: Large, slightly flattened, pink-red tomatoes are meaty and flavorful with few seeds and can reach over 2 pounds each.

### **SLICING TOMATO COMBOS: sold in 4-packs**

**“Heirloom Slicers”** includes one each of Black Krim, Brandywine, Pruden's Purple and Rose de Berne

**“4-Color Slicers”** includes one each of Jubilee, Japanese Black, Mortgage Lifter and Peron Sprayless

### **PASTE TOMATOES: some sold in 4-packs**

**Yellow Bell:** 60 days heirloom – 1 ½ inch wide x 3 inch long fruits, ripen from green to creamy yellow to yellow, great for slicing or canning

**Striped Roma:** 80 days, indeterminate: Gorgeous orange and red striped 7 ounce fruits with great dense flavor fresh or canned

**Roma VF:** 75 days: pear-shaped, highly productive, disease resistant red paste

**Bellstar:** 74 days: 4 ounce round paste-type good for salads and canning

**Amish Paste:** 85 days, indeterminate, Wisconsin heirloom from Amish farmers about 1900. Fruits up to 8 ounces, bright red, heart-shaped, great flavor, good in drought and wet conditions, needs room and light.

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**Illini Gold:** 75 days, indeterminate: 4 to 6 ounce yellow/orange fruit attractive in salads and makes a rich, sweet, golden sauce.

**Black Plum:** 70-80 days, indeterminate: This Russian heirloom is a prolific producer of 2 ounce elongated deep mahogany-brown fruit with a touch of green on the stem end. Rich, complex, full-bodied flavor

**PASTE TOMATO COMBO: sold in 4-packs**

**“4-Color Paste”** includes one each of Illini Gold, Striped Roma, Black Plum and Yellow Bell

**CHERRY TOMATOES: sold individually in small, medium, and large containers**

**Sweetie:** 75 days indeterminate: Very sweet and productive cherry tomatoes

**TOMATILLOS: sold in 4-packs or in individual cups**

**Verde Puebla:** 77 days – Harvest golf-ball sized green fruits for salsa verde when their paper husk splits or wait until they turn slightly yellow for a tangy, nutty raw snack

**Purple de Milpa:** 70-90 days, deep purple 2 to 3 ounce fruits make delicious raw eating, tangy salsas, and a decorative garnish.

**PEPPERS**

**BELL PEPPERS: sold in combos only - see below**

**Purple Beauty:** 70-80 days – ready to pick when fruits turn a stunning deep purple with green undertone

**California Wonder:** 75 days – mature from green to red – 4 inch by 4 ½ inch

**Golden Cal. Wonder:** 72 days – matures from green to gold – 4 to 5 inches long

**Yellow Belle:** 65 days (yellow - yellow/orange - crimson red) very reliable and heavily productive

**Cal Wonder Orange Bell:** 60-80 days, beautiful glossy orange bell peppers 3 ½” x 4”, turn orange at 80 days

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**Kevin's Early Orange:** 70-80 days, large, bulky bells with thick walls, turns from green to orange allegedly 2 weeks earlier than Orange Bells.

**BELL PEPPER COMBOS: sold in 4-packs**

**"4-Color Bell":** one each of green, purple, yellow and orange bell peppers

**"Yellow/orange mix":** one each of Cal wonder gold, yellow and orange and one Kevin's early orange

**SWEET PEPPERS for eating fresh, canning, frying: some sold in 4-packs**

**Antohi** – 65 days – Heirloom from Romania – 4 inch long x 2 inch tapering fruit matures from golden yellow to red. Very early and productive

**Corno di Toro** – 80 days – 8 to 10 inch long thick, bull's-horn shaped ripens to gorgeous red with great flavor

**Corno di Capra (goat horn):** 80 days - Sweet frying pepper from southern Italy. Very sweet bright red, very productive 4-5" long fruits.

**Sweet Banana:** 70 days - 3 to 6 inch long pointed fruit ripen from light yellow to bright red – good for frying or pickling

**Super Shepherd:** 66 days: Early Italian heirloom 3 inches wide by 7 inches long matures from green to red-brown to red – good for fresh eating, frying, pickling Very productive

**Chocolate Sweet:** 80 days - 6 to 8 inch hybrid fruits turn from green to brown. Flesh is burgundy-red and great tasting. Many peppers per plant

**Jimmy Nardello:** 76 days - Italian heirloom, 8 inch long frying peppers turn deep red with shiny wrinkled skin when ripe - very sweet – good for drying

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**SWEET PEPPER COMBOS: sold in 4-packs**

**“Small Frying Mix”**: one each of Jummy Nardello, Sweet Banana, Antohi and Corno Di Capra

**“Yellow/Red Frying Mix”**: two each of Jimmy Nardello and Sweet Banana

**“Sweet Mix”**: one each of Corno di Capra, Corno Di Toro, Chocolate Sweet and Super Shepherd

**HOT PEPPERS – sold in 4-packs**

**Chinese 5-Color**: 70 – 90 days – turn from purple to creamy yellow to yellow to orange to red. Highly ornamental with lovely lavender flowers, purple-veined leaves and 5/8 inch wide x 1 ½ inch long fruits. Hot, fiery flavor – large plants sold individually in pots

**Jalapeno**: 72 days – small, thick-walled classic salsa chile peppers, turn from green to red. Many peppers per plant

**Cayenne**: 72 days - 5 to 6 inch long, ½ inch wide tapered to point, dark green matures to bright red. Good fresh or dried. Hot.

**Hungarian Wax**: 60 days – long, banana-shaped, 1 ½ inch wide by 6-7 inches long, turn from pale green to yellow to crimson red. Medium Hot, known as “half-hots”

**HOT PEPPER COMBO: sold in 4-pack**

**“Hot Mix”**: one each of Cayenne, Jalapeno, Chinese 5-color and Hungarian Wax

**EGGPLANT**

**EGGPLANT – sold in combo only – see below**

**Rosita**: 84 days – Puerto Rican heirloom; pear-shaped pink/lavender fruits with white shoulders 6 to 8 inches long and 4 to 6 inches wide. Very sweet.

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**Ping Tung Long:** 60 days, originally from Taiwan: long, slender, light purple fruits have every few seeds and great flavor

**Swallow hybrid:** 51 days 1 ¾ inch by 7 inch purple-black very early fruits

**Rosa Bianca:** 84 days - Italian heirloom 3-4" across and 5" long , white with lavender streaking, indented in folds like draped fabric, 2 pounds average weight, creamy, pudding-like consistency

**EGGPLANT COMBO: sold in 4-pack**

**“Eggplant Mix”:** At least 3 of the 4 above varieties in a 4-pack

**BASIL**

**BASIL: sold with several plants in 8 ounce cup**

**Genovese:** Classic Italian basil, 14-20" tall plants, very frost sensitive

**Greek:** Classic Greek basil, 6-9" plants, tiny leaves, very frost sensitive